



LUNCH

Lunch Price- \$2.50

Menu is Subject to Change

DECEMBER 2018

Herkimer High School

For more information email kdorr@oneida-boces.org

Available Daily:

- Fresh Entrée Salads • Party Plates • Peanut Butter and Jelly Sandwich • Assorted Subs and Wraps • Assorted Fresh Fruit
- Veggie Cruncher Cups • Variety of Chilled Fruit & Juice
- Ice Cold New York State Milk

Monday

Tuesday

Wednesday

Thursday

Friday

Super Spicy or Regular Chicken Patty

3

Tiny Broccoli Trees

Chicken Tacos!!!

4

Lettuce, Cheese, Tomato Cup
Whole Kernel Corn

Whole Grain French Toast Stix

5

Breakfast Sausage
Toasty Tater Tots

All Local Beef Hot Dog

6

WG Goldfish Crackers
X-Ray Vision Carrots

Cheesy Cheese Pizza
Garlic Pizza
Fresh Garden Salad
Jello Jewels

7

Mozzarella Stix w/ Dipping Sauce

10

Tiny Broccoli Trees

Mega Chicken Bites

11

X-Ray Vision Carrots
Tomato Pie

Bacon Cheeseburger

12

Roasted Mini Potatoes
Sunshine Bars

Cheesy Chicken Mac & Cheese

13

Lean Mean Green Beans

Cheesy Cheese Pizza
Pepperoni Pizza
Crisp Garden Salad
NEW Very Berry Locally Made Yogurt!!

14

Crispy Chicken Nuggets

17

Buttered Rotini
Great Green Beans

Mexican Tacos

18

Lettuce, Cheese, Tomato Cup
Whole Kernel Corn

Chicken Drumstick

19

Steamy Rice
Asian Cabbage Slaw
X-Ray Vision Carrots

Cheesy Cheese Pizza
Spicy Buffalo Wing Pizza
Garden Fresh Green Salad
Yummy 'Nilla Whip!!!

20

21

24

25

26

27

28

Do you know what your account balance is? Check your account balance by using MySchoolBucks, calling the kitchen manager, or asking the cashier.

Harvest of the Month
Cabbage

31



Harvest of the Month – Cabbage

Cabbage is a great source of Vitamin C – explorers used it to prevent scurvy!

Look for "HOM" on the menu!



Look for the MVFTS Logo for LOCALLY grown and raised items

