

BREAKFAST

Breakfast Price - \$1.25
Menu is Subject to Change

FEBRUARY 2019

Breakfast Menu
For more information email kdorr@oneida-boces.org

Food Service Helpers and Substitutes Needed!

Please call the OHM BOCES Food Service Office at (315) 738-0848 for more information!

Monday

Tuesday

Wednesday

Thursday

Friday



4
Apple Frudel!!!

5
Homemade Breakfast Pizza!!!

6
Whole Grain Pancakes w/ Maple Syrup

7
Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

1
ZeeZee's Oatmeal Choco Chip or Strawberry Bars

11
ZeeZee's Oatmeal Choco Chip or Strawberry Bars

12
Toasted Bagel with Cream Cheese or Jelly

13
Breakfast Sandwich (Ham, Egg & Cheese)

14
Whole Grain French Toast Stix

15
Apple Frudel!!!

18

19

20

21

22

Mid-Winter Recess

25
Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

26
WG Pancake & Sausage Stick

27
Homemade Breakfast Pizza!!!

28
Whole Grain Pancakes w/ Maple Syrup



Available Daily:
• Whole Grain Toast – 1 or 2 slices as an entrée • Assorted Cold Whole Grain Cereals • Yogurt – 1 with or w/out 1 slice toast as entrée • Fresh Fruit • Chilled Fruit Juice • Ice Cold New York State Milk
Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast!