

**BREAKFAST**

Breakfast Price - \$1.25  
Menu is Subject to Change

**MARCH 2019**

**Breakfast Menu**

For more information email [kdorr@oneida-boces.org](mailto:kdorr@oneida-boces.org)

Food Service Helpers and Substitutes Needed!

Please call the OHM BOCES Food Service Office at (315) 738-0848 for more information!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Apple Frudel!!!

4

Homemade Breakfast Pizza!!!

5

Whole Grain Pancakes w/ Maple Syrup

6

Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

7

WG Pancake & Sausage Stick

8

Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

11

Toasted Bagel with Cream Cheese or Jelly

12

Breakfast Sandwich (Ham, Egg & Cheese)

13

Whole Grain French Toast Stix

14

15

ZeeZee's Oatmeal Choco Chip or Strawberry Bars

18

Homemade Breakfast Pizza!!!

19

WG Pancake & Sausage Stick

20

Whole Grain Pancakes w/ Maple Syrup

21

Toasted Bagel with Cream Cheese or Jelly

22

Apple Frudel!!!

25

Breakfast Sandwich (Ham, Egg & Cheese)

26

Whole Grain French Toast Stix

27

Warm Whole Grain Waffles w/ Maple Syrup

28

Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

29

**Available Daily:**

- Whole Grain Toast – 1 or 2 slices as an entrée
- Assorted Cold Whole Grain Cereals
- Yogurt – 1 with or w/out 1 slice toast as entrée
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast!

