



Lunch Price- \$2.50

Menu is Subject to Change

MAY 2019

Herkimer Elementary

For more information email kdorr@oneida-boces.org

Available Daily:

- Fresh Entrée Salads • Party Plates • Peanut Butter and Jelly Sandwich • Assorted Fresh Fruit • Veggie Cruncher Cups • Variety of Chilled Fruit & Juice • Ice Cold New York State Milk

Monday

Tuesday

Wednesday

Thursday

Friday



Harvest of the Month – **Kale**
Kale can be added to salads, smoothies, or soups! It is a great source of Vitamins A and C.



1
Bacon Cheeseburger
Ham&Cheese Sandwich
Mini Potatoes
NY Butternut Sunshine Bars

2
Baked Rotini w/
Local Beef Meatballs
Deli Turkey Sandwich
Lean Mean Green Beans

3
Cheesy Cheese Pizza
Spicy Buffalo Wing Pizza
Garden Fresh Green Salad
Yummy 'Nilla Whip!!!

6
Tasty Chicken Tenders
Deli Turkey Sandwich
Tomato Pie
X-Ray Vision Carrots

7
Mexican Tacos
Deli Turkey Sandwich
Lettuce, Cheese,
Tomato Cup
Whole Kernel Corn

8
Dip-N-Sip
(Grilled Cheese & Soup)
Steamy Tomato Soup
Ham & Cheese Sandwich
Broccobroccoli

9
Roast Turkey
Bologna & Cheese
Sandwich
Fresh Dinner Roll
Whipped Potatoes
Veggie Choice!

10
Cheesy Cheese Pizza
Pepperoni Pizza
Crisp Garden Salad
Local Very Berry Yogurt

13
Mozzarella Stix w/
Dipping Sauce
Terrific Tuna Sandwich
Tiny Broccoli Trees

14
Chicken Tacos!!!
Deli Turkey Sandwich
Lettuce, Cheese,
Tomato Cup
Whole Kernel Corn

15
Protein Packed
Chicken Patty
Ham & Cheese Sandwich
Tiny Broccoli Trees

16
Cheesy Cheese Pizza
Garlic Pizza
Fresh Garden Salad
Ooooooh! Oreo Whip!!!

17
No School

20
Crispy Chicken Nuggets
Terrific Tuna Sandwich
Steamy Rice
Lean Mean Green Beans

21
Macho Nachos!!!
Deli Turkey Sandwich
Whole Kernel Corn

22
All Local Beef Hot Dog
Deli Turkey Sandwich
WG Goldfish Crackers
Mini Potatoes

23
Tasty Chicken Tenders
Deli Turkey Sandwich
Cheesy Kale Bake
X-Ray Vision Carrots

24
Cheesy Cheese Pizza
Pepperoni Pizza
Crisp Garden Salad
Local Very Berry Yogurt

27
Popcorn Chicken
Terrific Tuna Sandwich
Buttered Rotini
X-Ray Vision Carrots

29
Whole Grain French
Toast Stix
Ham & Cheese Sandwich
Breakfast Sausage
Hash Brown Patty

30
Local Beef Meatball Sub
Deli Turkey Sandwich
NY Apple Cheddar Salad

31
Cheesy Cheese Pizza
Spicy Buffalo Wing Pizza
Garden Fresh Green Salad
Yummy 'Nilla Whip!!!

FARM TO SCHOOL

MOHAWK VALLEY

Featured Local Farms and Partners: Stoltzfus Family Dairy, Radical Greens, Lucky 7 Livestock, Curtain Farms, Cuba Cheese Shoppe, Headwater Food Hub Smith Packing, Mosner Family Brands, and Byrne Dairy

Additional NY Products from regional farms: apples, potatoes, butternut squash puree, sweet potato puree

