



Lunch Price- \$2.50

Menu is Subject to Change

MAY 2019

Herkimer High School

For more information email kdorr@oneida-boces.org

Available Daily:

- Fresh Entrée Salads • Party Plates • Peanut Butter and Jelly Sandwich • Assorted Subs and Wraps Assorted Fresh Fruit • Veggie Cruncher Cups • Variety of Chilled Fruit & Juice
- Ice Cold New York State Milk

Monday

Tuesday

Wednesday

Thursday

Friday



Harvest of the Month – **Kale**
Kale can be added to salads, smoothies, or soups! It is a great source of Vitamins A and C.



Bacon Cheeseburger ¹
Mini Potatoes
NY Butternut Sunshine Bars

Baked Rotini w/ ²
Local Beef Meatballs
Lean Mean Green Beans

Cheesy Cheese Pizza ³
Spicy Buffalo Wing Pizza
Garden Fresh Green Salad
Yummy 'Nilla Whip!!!

Tasty Chicken Tenders ⁶
Tomato Pie
X-Ray Vision Carrots

Mexican Tacos ⁷
Lettuce, Cheese,
Tomato Cup
Whole Kernel Corn

Dip-N-Sip ⁸
(Grilled Cheese & Soup)
Steamy Tomato Soup
Broccobroccoli

Roast Turkey ⁹
Fresh Dinner Roll
Whipped Potatoes
Veggie Choice!

Cheesy Cheese Pizza ¹⁰
Pepperoni Pizza
Crisp Garden Salad
Local Very Berry Yogurt

Mozzarella Stix w/ ¹³
Dipping Sauce
Tiny Broccoli Trees

Chicken Tacos!!! ¹⁴
Lettuce, Cheese,
Tomato Cup
Whole Kernel Corn

BBQ Pulled Pork Sandwich ¹⁵
Tiny Broccoli Trees

Cheesy Cheese Pizza ¹⁶
Garlic Pizza
Fresh Garden Salad
Ooooooh! Oreo Whip!!!

No School ¹⁷

Crispy Chicken Nuggets ²⁰
Steamy Rice
Lean Mean Green Beans

Macho Nachos!!! ²¹
Whole Kernel Corn

All Local Beef Hot Dog ²²
WG Goldfish Crackers
Mini Potatoes

Tasty Chicken Tenders ²³
Cheesy Kale Bake
X-Ray Vision Carrots

Cheesy Cheese Pizza ²⁴
Pepperoni Pizza
Crisp Garden Salad
Local Very Berry Yogurt

²⁷

Popcorn Chicken ²⁸
Buttered Rotini
X-Ray Vision Carrots

Whole Grain French ²⁹
Toast Stix
Breakfast Sausage
Hash Brown Patty

Local Beef Meatball Sub ³⁰
NY Apple Cheddar Salad

Cheesy Cheese Pizza ³¹
Spicy Buffalo Wing Pizza
Garden Fresh Green Salad
Yummy 'Nilla Whip!!!

FARM TO SCHOOL



Featured Local Farms and Partners: Stoltzfus Family Dairy, Radical Greens, Lucky 7 Livestock, Curtain Farms, Cuba Cheese Shoppe, Headwater Food Hub Smith Packing, Mosner Family Brands, and Byrne Dairy

Additional NY Products from regional farms: apples, potatoes, butternut squash puree, sweet potato puree

