

BREAKFAST

Breakfast Price - \$1.25
Menu is Subject to Change

MAY 2019

Breakfast Menu

For more information email kdorr@oneida-boces.org

Food Service Helpers and Substitutes Needed!

Please call the OHM BOCES Food Service Office at (315) 738-0848 for more information!

Monday

Tuesday

Wednesday

Thursday

Friday

1

WG Pancake & Sausage Stick

2

Whole Grain Pancakes w/ Maple Syrup

3

Toasted Bagel with Cream Cheese or Jelly

6

Apple Frudel!!!

7

Breakfast Sandwich (Ham, Egg & Cheese)

8

Whole Grain French Toast Stix

9

Warm Whole Grain Waffles w/ Maple Syrup

10

Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

13

ZeeZee's Oatmeal Choco Chip or Strawberry Bars

14

Homemade Breakfast Pizza!!!

15

WG Pancake & Sausage Stick

16

Whole Grain Pancakes w/ Maple Syrup

17

20

Apple Frudel!!!

21

Breakfast Sandwich (Ham, Egg & Cheese)

22

Toasted Bagel with Cream Cheese or Jelly

23

Warm Whole Grain Waffles w/ Maple Syrup

24

Assorted WG Muffins (1 w/ or w/o 1 SI Toast)

27

Memorial Day- No School

28

ZeeZee's Oatmeal Choco Chip or Strawberry Bars

29

Homemade Breakfast Pizza!!!

30

Whole Grain Pancakes w/ Maple Syrup

31

Toasted Bagel with Cream Cheese or Jelly

Available Daily:

- Whole Grain Toast – 1 or 2 slices as an entrée • Assorted Cold Whole Grain Cereals • Yogurt – 1 with or w/out 1 slice toast as entrée • Fresh Fruit • Chilled Fruit Juice • Ice Cold New York State Milk
- Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast!