

Breakfast Price- \$1.25

Menu Subject to Change

For more information email hmielnicki@oneida-boces.org

Monday	Tuesday	Wednesday	Thursday	Friday
			Whole Grain Pancakes w/ Maple Syrup	Toasted Bagel w/ Cream Cheese or Jelly
Frudel!	Breakfast Sandwich (Ham, Egg & Cheese)	Whole Grain French Toast Stix	Warm Whole Grain Waffles w/ Maple Syrup	Assorted WG Muffins (1 w/ or w/o 1 Sl Toast)
Warm Whole Grain Waffles w/ Maple Syrup	Breakfast Pizza	Whole Grain Pancake w/ Sausage on a Stick	Whole Grain Pancakes w/ Maple Syrup	Toasted Bagel w/ Cream Cheese or Jelly
Frudel!	Breakfast Sandwich (Ham, Egg & Cheese)	Toasted Bagel w/ Cream Cheese or Jelly	Warm Whole Grain Waffles w/ Maple Syrup	Assorted WG Muffins (1 w/ or w/o 1 Sl Toast)
Whole Grain Pancakes w/ Maple Syrup	<p>Available Daily:</p> <ul style="list-style-type: none"> • Whole Grain Toast – 1 or 2 slices as an entrée • Assorted Cold Whole Grain Cereals • Yogurt – 1 with or w/out 1 slice toast as entrée • Fresh Fruit • Chilled Fruit Juice • Ice Cold New York State Milk <p>Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast!</p>			

