### MARCH 2020 • Herkimer Elementary School

**MONDAY**
- Chicken Nuggets
- Terrific Tuna Sandwich
- Tiny Broccoli Trees
- Steamy Rice

**TUESDAY**
- Mexican Tacos
- Lettuce, Cheese, Tomato Cup
- Corn Kernels
- BBQ Pulled Pork
- Ham & Cheese Sandwich
- Mini Salt Potatoes
- NY Sunshine Bars

**WEDNESDAY**
- Whole Grain French Toast Sticks
- Bologna & Cheese Sandwich
- Breakfast Sausage
- Hash Brown Patty

**THURSDAY**
- Cheesy Cheese Pizza
- Pepperoni Pizza
- Fresh Garden Salad
- Local Very Berry Yogurt

**FRIDAY**
- No School!
- Superintendent’s Day- NO SCHOOL!

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**Available Daily:**
- Fresh Entrée Salads, Party Plates, Assorted Subs and Sandwiches, Peanut Butter and Jelly Sandwich, Assorted Fresh Fruit, Vegetable Cruncher Cups, Variety of Fresh Fruit and Juice, Ice Cold New York State Milk.

**Local Items this Month:**
- Milk, Cheddar Cheese, Yogurt, Butternut Squash, Sweet Potatoes, Mini Potatoes, Apples, Cabbage, Carrots, Pork, Meatballs, Maple Syrup, Salad Greens, Kale, Hot Dogs. Items arebolded on menu.

**Harvest of the Month:** Carrots & Maple Syrup
- Carrots are packed with Vitamin A, which is great for eye health! They are also packed with fiber and antioxidants.
- Maple Syrup is an all-natural sweetener, high in calcium, thiamin, potassium and copper!

**Foodservice Helper Substitutes Needed**
in all districts, call 315-738-0848 for more information!

**Please use My School Bucks to put money on your child’s account, or send in checks to the school. Please do not send cash.**

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**LUNCH PRICE IS $2.50 • MENU IS SUBJECT TO CHANGE • For more information email hmielnicki@oneida-boces.org**

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**LUNCH MENU**

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