

# BREAKFAST MENU

Breakfast is \$1.50 | Menu is subject to change | For more information, contact [hmielnicki@oneida-boces.org](mailto:hmielnicki@oneida-boces.org)

## MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National School Breakfast Week is March 6 <sup>th</sup> - 10 <sup>th</sup> !		01 Nature Valley Soft Baked Oatmeal Round	02 Whole Grain Bagel with Cream Cheese	03 Assorted Whole Grain Muffins
	06 Fruit Frudel	07 Yogurt Parfait	08 French Toast	09 Snackin Waffles
10 Mini Cinni	13 Nature Valley Soft Baked Oatmeal Round	14 Breakfast Sandwich	15 Whole Grain Bagel with Cream Cheese	16 Whole Grain Waffles
17 No School!	20 Fruit Frudel	21 Pancake Sausage Stick	22 Mini Cinni	23 Whole Grain Waffles
24 French Toast	27 Whole Grain Bagel with Cream Cheese	28 Breakfast Sandwich	29 Nature Valley Soft Baked Oatmeal Round	30 Assorted Whole Grain Muffins
				31 Yogurt Parfait



### Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

### Local Items this month:

Milk, Yogurt, Apples, Black Beans, Meatballs, Carrots, Corn, Peas, Potatoes, Butternut Squash, Green Beans.

