

BREAKFAST MENU

Breakfast is \$1.50 | Menu is subject to change | For more information, contact hmielnicki@oneida-boces.org

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National School Breakfast Week is March 6 th - 10 th !		01 Nature Valley Soft Baked Oatmeal Round	02 Whole Grain Bagel with Cream Cheese	03 Assorted Whole Grain Muffins
06 Fruit Frudel	07 Yogurt Parfait	08 Whole Grain Chocolate Chip Muffin Top	09 Snackin Waffles	10 Mini Cinni
13 Nature Valley Soft Baked Oatmeal Round	14 Fruit Frudel	15 Whole Grain Bagel with Cream Cheese	16 Homemade Muffin Bar	17 No School!
20 Fruit Frudel	21 Nature Valley Soft Baked Oatmeal Round	22 Mini Cinni	23 Whole Grain Chocolate Chip Muffin Top	24 Overnight Oats
27 Whole Grain Bagel with Cream Cheese	28 Whole Grain Poptart	29 Nature Valley Soft Baked Oatmeal Round	30 Assorted Whole Grain Muffins	31 Fruit Frudel



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this month:

Milk, Yogurt, Apples, Black Beans, Meatballs, Carrots, Corn, Peas, Potatoes, Butternut Squash, Green Beans.

