

BREAKFAST MENU

Breakfast is Free | Menu is subject to change | For more information, email hmielnicki@oneida-boces.org

SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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04 LABOR DAY!	05 NO SCHOOL	06 NO SCHOOL	07 Whole Grain Bagel with Cream Cheese	08 Whole Grain Muffin Top
11 Snackin' Waffles	12 Pancake Sausage Stick	13 Mini Cinni	14 Fruit Frudel	15 Assorted Whole Grain Muffins
18 Nature Valley Oatmeal Round	19 Whole Grain Muffin Top	20 Whole Grain Bagel with Cream Cheese	21 Mini Cinni	22 Fruit Frudel
25 Whole Grain Pancakes	26 Whole Grain Bagel with Cream Cheese	27 Whole Grain Muffin Top	28 Pancake Sausage Stick	29 Mini Cinni



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this Month:

Milk, Yogurt, Meatballs, Hot Dogs, Corn, Carrots, Green Beans, Black Beans, Watermelon, Cauliflower, Pears, Corn on the Cob, Miss Milla's Cookies.

Local items are indicated in bold on the menu

