

BREAKFAST MENU

Breakfast is Free | Menu is subject to change | For more information, email hmielnicki@oneida-boces.org

NOVEMBER 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| | | 01 Nature Valley Oatmeal Round | 02 Whole Grain Bagel with Cream Cheese | 03 Snackin' Waffles |
| 06 Assorted Whole Grain Muffins | 07 Breakfast Sandwich | 08 Very Berry Overnight Oats | 09 Mini Cinni | 10 Veterans Day – No School! |
| 13 Zee Zee Bars | 14 Fruit Frudel | 15 Nature Valley Oatmeal Round | 16 Homemade Yogurt Parfait | 17 Whole Grain Bagel with Cream Cheese |
| 20 Snackin' Waffles | 21 Assorted Whole Grain Muffins | 22 | 23 | 24 |
| 27 Fruit Frudel | 28 Pancake Sausage Stick | 29 Zee Zee Bars | 30 Breakfast Sandwich | |

HAPPY THANKSGIVING!



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this Month:

Milk, Yogurt, Meatballs, Hot Dogs, Corn, Rainbow Carrots, Carrots, Green Beans, Black Beans, Cauliflower, Pears, Miss Milla's Cookies.

Local items are indicated in bold on the menu*.

