

BREAKFAST MENU

Breakfast is Free | Menu is subject to change | For more information, email hmielnicki@oneida-boces.org

NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 Nature Valley Oatmeal Round	02 Whole Grain Bagel with Cream Cheese	03 Whole Grain Chocolate Chip Muffin Top
06 Assorted Whole Grain Muffins	07 Mini Cinni	08 Zee Zee Bars	09 Whole Grain Chocolate Chip Muffin Top	10 Veterans Day – No School!
13 Zee Zee Bars	14 Fruit Frudel	15 Nature Valley Oatmeal Round	16 Assorted Whole Grain Muffins	17 Whole Grain Bagel with Cream Cheese
20 Fruit Frudel	21 Assorted Whole Grain Muffins	22	23	24
	HAPPY THANKSGIVING!			
27 Assorted Whole Grain Muffins	28 Mini Cinni	29 Zee Zee Bars	30 Whole Grain Chocolate Chip Muffin Top	



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this Month:

Milk, Yogurt, Meatballs, Hot Dogs, Corn, Rainbow Carrots, Carrots, Green Beans, Black Beans, Cauliflower, Pears, Miss Milla's Cookies.

Local items are indicated in bold on the menu*.

