

BREAKFAST MENU

Herkimer Jr./Sr. High School

Breakfast is Free | Menu is subject to change | Allergen information is available upon request | Contact hmielnicki@oneida-boces.org for more information!

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Winter Recess – No School!	02 Winter Recess – No School!	03 Whole Grain Bagel with Cream Cheese	04 Snackin' Waffles	05 Assorted Whole Grain Muffins
08 Mini Cinni	09 Pancake Sausage Stick	10 Zee Zee Bars	11 Fruit Frudel	12 Nature Valley Oatmeal Round
15 Martin Luther King Jr. Day – No School!	16 Snackin' Waffles	17 Nature Valley Oatmeal Round	18 Pancake Sausage Stick	19 Whole Grain Bagel with Cream Cheese
22 Fruit Frudel	23 Pancake Sausage Stick	24 Assorted Whole Grain Muffins	25 Snackin' Waffles	26 Mini Cinni
29 Zee Zee Bars	30 Fruit Frudel	31 Nature Valley Oatmeal Round		



Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Local Items this Month:

Milk, Yogurt, Meatballs, Hot Dogs, Corn, Rainbow Carrots, Carrots, Green Beans, Black Beans, Cauliflower, Pears, Miss Milla's Cookies.



This institution is an equal opportunity provider.